

NAME: _____

SCHS PHYSICAL EDUCATION ASSESSMENT RUBRIC

	Outcome Description/Detail	Grade Level	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5
Skill	Achieves above standard performance consistently Consistently achieves results beyond class expectations	Excellent (90+)					
	Demonstrates good performance consistently Consistently achieves results aligned with class expectations	Proficient (80-89)					
	Achieves standard performance consistently Consistently achieves results aligned with or slightly below class expectations	Satisfactory (70-79)					
	Achieves sub-standard performance consistently Consistently achieves results below class expectations	Poor (50-69)					
	Achieves well below standard performance Consistently achieves results well below class expectations	Insufficient (<50)					
Effort & Participation	Is changed EVERYDAY Is on time EVERYDAY Demonstrates exemplary effort in all activities (outstanding participation)	Excellent (90+)					
	Changed on average 4/5 days Is on time 4/5 days Demonstrates consistent effort during all activities (always puts for effort)	Proficient (80-89)					
	Changed on average 3/5 days Is on time 3/5 days Demonstrated inconsistent effort during activities (effort on convenience)	Satisfactory (70-79)					
	Changed on average 2/5 days Is on time 2/5 days Inadequate effort in participation (often stands around, little effort)	Poor (50-69)					
	Is frequently not changed Is seldom on time for class / excessive absences Did not participate (always stands around, misses class, no effort)	Insufficient (<50)					
Attitude	Always uses appropriate and respectful language in class Demonstrates superior sportsmanship/leadership through inclusion Always follows guidelines and uses good judgement Always demonstrates respect for peers, teachers and equipment Always assists with Set-up/Tear down before and after class	Excellent (90+)					
	Almost always uses appropriate and respectful language in class Demonstrates good sportsmanship/leadership through inclusion Consistently follows guidelines and uses good judgement Consistently demonstrates respect for peers, teachers and equipment Consistently assists with Set-up/Tear down before and after class	Proficient (80-89)					
	Often uses appropriate and respectful language in class Often demonstrates sportsmanship/leadership through inclusion Often follows guidelines and uses good judgement Often demonstrates respect for peers, teachers and equipment Often assists with Set-up/Tear down before and after class	Satisfactory (70-79)					
	Seldom uses appropriate and respectful language in class Occasionally demonstrates sportsmanship/leadership through inclusion Occasionally follows guidelines and uses good judgement Occasionally demonstrates respect for peers, teachers and equipment Occasionally assists with Set-up/Tear down before and after class	Poor (50-69)					
	Often uses inappropriate and disrespectful language in class Does not demonstrate sportsmanship/leadership through inclusion Does not follow guidelines and use good judgement Does not demonstrate respect for peers, teachers and equipment Does not assist with Set-up/Tear down before and after class	Insufficient (<50)					